

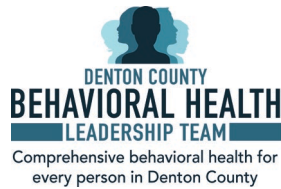
Thursday, March 16, 2023

Meeting Agenda

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|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| I. | Welcome: Lisa Elliott | 1 minutes |
| II. | Vote to Approve Minutes: Lisa Elliott | 2 minutes |
| III. | New Participant/Guest Introductions: Lisa Elliott | 2 minutes |
| IV. | Special Presentation: Kathy O’Keefe, Executive Director, Winning the Fight
https://wtf-winningthefight.org/
Presentation on substance use | 55 minutes |
| V. | Workgroup Committee Reports | 15 minutes |
| | a. Child and Family Systems: Lisa Elliott & Laura Prillwitz | |
| | b. Substance Use: Hope Galloway & Lauren Titsworth | |
| | c. Suicide Prevention: Scott Domingue & Brittany Waymack | |
| VI. | New Business: Lisa Elliott | 10 minutes |
| | a. Development of Ad Hoc Committee from BHLT and HLT | |
| | b. Upcoming mental health proclamations | |
| VII. | Public Comment: Lisa Elliott | 5 minutes |
| VIII. | Adjourn: Lisa Elliott | |

All meetings: 8:00 a.m. to 9:30 a.m. | United Way Denton County





Thursday Jan 23, 2023
Meeting Minutes

Before meeting called to order Chief Garner of Corinth showed video about illegal drug use among children and parents

- I. Call to Order: The meeting was called to order by Dr. Lisa Elliott at 8:06 am
- II. Approval of Minutes: Chair called for motions to approve the minutes from Nov 17
Terry Widmer motioned and Commissioner Mitchell seconded. Minutes approved as written.
- III. New Participant & Guest Introductions:
Lauren Titsworth- Administrator of Substance Abuse Disorders at MHMR presented on behalf of New United Way Interns:
Samuel Lindgren MPH at TWU (first cohort of program)
Colby Dawson JMSW program in Social Work
- IV. Report from Mental Health Authority Brittany Waymack
No updates on navigators
SAMSHA Grant –focused on training community members on mental health first aid, assist and ASK-suicide prevention gatekeeper training
Grant from Flow foundation for counseling for uninsured youth
Concluded Needs Assessment got 1005 completed responses; will get that data out and thanks everyone for helping get the survey out to the community.
- V. Workgroup Committee Report
Child and Family-Laura Prillwitz
Working on adjusting strategies; setting things up to start working on specific topics; continue to monitor with the navigators; getting members up and focused on where we are headed this year

Data: Juan Rodriguez & Julie Wright

Shanan has reached out to chairs to gather information about what they want to see from the Data team. We are working to provide that information that is useful to work group and committee in general.

Also looking at getting MHMR data to see if that would be useful to demonstrate their impact and the need.

Gary Henderson suggested that the group capture the data from Law Enforcement where they have a mental health case but no place to take the person; would like to capture this as lack of capacity we have as a county to handle acute mental health calls. Lori Holland stated that next quarterly meeting is coming up on 1/24 and will invite some members from the data workgroup.

Shanan noted that United Way gets data from Denton, Lewisville and Flower Mound
Elisa Howell noted that quality of data depends on officers changing the call type from whatever it was to a mental health call.

Julie Wright suggested that we look at an existing data base to see if this information is already captured (Lexus Nexus data base)



Veterans: Elisha Baxter

Working on getting new space fixed up in Marion and Jim Horn Building

Substance Abuse Group: Hope Galloway

Have been doing substance abuse training. Realized that they already have sub-group members doing trainings on their own. Discussion about how to target more groups

Leslie Wisenbaker Solutions of North Texas- Narcan Training

Winning the Fight-will work on targeting schools

Leslie and Lauren will continue talking with providers on how to identify substance abuse

Recovery in the Park date-celebrating people in recovery and how to have fun

Sept 16th 11-2 at New Denton County Lawn- festive family centered event

Recovery band, food trucks, face painting, recovery art

Will count as recovery group for those required

Lisa suggested that we do a bulletin of dates of all upcoming events so they don't get lost in the minutes.

Suicide Prevention Committee: Scott Domingue

Committee formed 1 yr ago. Spent last year diving into data on county rates of suicide, prevention efforts, sharing ideas about we can do to make a difference. Denton CO is 2nd healthiest county in the stated but suicide rate is 11/100000 people-we are average

Reviewed the Strategic Plan-objectives and strategies

Reduce the rate of suicides per 100,000 people in Denton County

4 objectives:

-Help reduce barriers for people who encounter people in acute crisis to get those folks to care

-Reduce access to lethal means

-Increase capability of Denton CO residents to identify people at risk for suicide by offering free virtual training like QPR

- support suicide prevention efforts that are being implemented in community

VI. New business: Break Out sessions& Follow Up Discussion

Session focus on what people in this group need and want to see this committee focus on; goal is to make the meetings more effective. Will break out for 20 minutes and come back together.

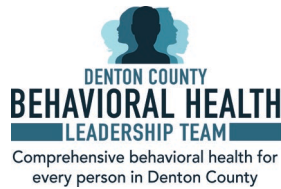
Feedback-updates from MHMR helpful, having a place to go back to resources, sharing data, social media presence, leverage this group for lobbying to influence state legislature, getting more direct input from community to bring back to the group, involve colleges more, protocol for law enforcement, frequently restating our purpose, take time after each presentation to discuss how we can use information presented, central repository for documents and resources from meetings; groups will send their feedback to Shan'an

VII. Backbone Support Updates

Only critical updates shared due to time

a. Denton County Homelessness Leadership Team Update-Olivia Williams





Thursday Jan 26th Point in Time count. Need volunteers from 4 pm -8 to work into shelters
Jan 25th, Coalition Meeting at 9 am at MLK rec Center in Denton need volunteers to help
prepare backpacks to distribute on the 26th

This team meets bi-monthly-everyone is welcome; next meeting is Feb 9th 8-9:30

- b. Gary provided update about flooding that occurred on Christmas night to UWDC building. Building is being repaired. Using the opportunity to expand the Training Room; about 2 weeks away from moving some items back into space.
- c. ERA II Program since Oct collaborative effort among non-profits to pay rent for 418 households over \$2.230.355
- d. Workforce Leadership tomorrow at 8:30 inviting reps from each leadership team
Tracking bills
DCWSLT Updates: We are working on our strategic plan. I'm also extending the invitation to attend our Workforce Success Leadership Team meeting. It is the third Saturday at 8:30 (tomorrow morning). I will share the zoom link with Shanana as well to send out.

VIII.

Public Comment

- a. Lake Cities Focus-nonprofit put together a vide for parents to educate them about substance abuse and what to look for; hosting an event at one of the high schools in Feb.: will educate on paraphernalia, legal ramifications etc. Will also have a series of events in the schools to educate the students.
- b. Other Public Comment
Athena Trentin: And many thanks to all of you who responded to my email last week about our screening of 'The Son' tomorrow night in Plano. The theatre sold out in less than 24 hours! So, no promotion assistance is needed.

Meeting adjourned at 9:29 am

**SCOPE OF WORK:
AD HOC COMMITTEE – BEHAVIORAL HEALTH & HOMELESSNESS CONTINUUM**

Problem Statement:

Behavioral health and housing systems in Denton County overlap in individuals served, but often operate independent of each other. As a result, resources (services and people) in both systems are not utilized as effectively as possible. Denton County behavioral health and homelessness/housing systems need to identify opportunities for efficiencies and improved triage and resource planning.

Objectives:

- Map Behavioral Health and Housing Systems and identify gaps/opportunities for continuity.
- Establish workflows that allow for more effective collaboration across programs.
- Establish a network of training and resource sharing between the two continua.
- Identify and secure funding to support and sustain these efforts.

Timeline:

- Pre-meeting with BHLT/HLT Chairs
- Convene COD, DCMHMR and UWDC Backbone Support Staff for initial overview and planning meeting.
- Facilitate mapping exercises with relevant collaborators and direct service staff.
- Develop an analysis identifying solutions and plans for implementation and ongoing coordination.
- Present findings to collaborators and local governments.

Collaborators:

- City of Denton
- DCBHLT
- DCHLT
- DCMHMR
- Direct service providers (behavioral health and homelessness/housing)
- UWDC

Resources:

- DCBHLT Strategic Plan
- DCHLT Strategic Plan
- Denton County CE Written Standards
- Denton County SIM Report
- MMHPI Report – Mental Health Best Practice Opportunities for Denton County

Glossary:

- CE – Coordinated Entry
- DCBHLT – Denton County Behavioral Health Leadership Team
- DCHLT – Denton County Homelessness Leadership Team
- DCMHMR – Denton County MHMR
- MMHPI – Meadows Mental Health Policy Institute
- SIM – Sequential Intercept Model
- UWDC – United Way of Denton County

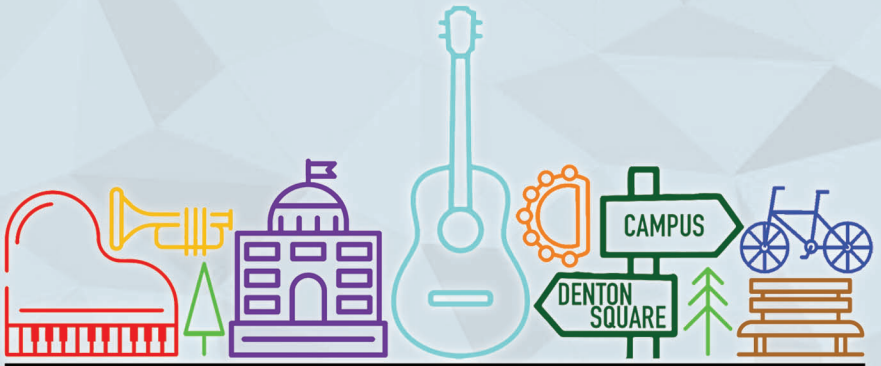
BHLT Discussion Question Break Down

Education	Communication	Board Purpose	Initiatives	Legislative	Other
I'm not yet sure where I fit in all of this. Many of our students don't live in Denton Co.	We need to hear more from MHMR. They are the primary BH provider in the county, but they don't get much airtime at our meeting	Design meetings with more discussion time	Stigma	Medicaid expansion	Print outs of agendas and other materials for meetings
What are the resources and how do I get people connected? *	Social media	Resetting purpose	Medical detox and adolescent substance use	Insurance reimbursement rates	Need more Spanish speaking providers
What is my role on the BHLT?	Need a repository of info and resources *	Role for our board in the community	Increase Medicaid providers		
Collective impact	Breakout sessions among affinity groups	Face to face with community to gather info of what is needed	Increase private insurance providers		
What do I do with info from the meetings when I go back to the community?	Acknowledge the good things we accomplish	Focus on solutions	Come up with a protocol for the county to address resources and get systems to fit better together (like sex trafficking has) with an advisory committee to monitor them and make adjustments as needed.		

			Protocol would be developed with all county, city, schools (including colleges), and agencies that work with BH.		
Need more post-presentation discussion	Contact other counties to see what the BHLTs are doing.	Law enforcement			
Board identity	Share data better	What is our role with the colleges?			
Who is everyone in BHLT and who do they represent?		End meetings with action items			
Our Systems do not fit well together – police, hospitals, agencies, etc. We need more training about difference entities and how to interface better.		Use data to identify gaps and focus more on solutions.			

*Role of MH Navigators

Collaboration between Denton County Health Dept., MHMR, BHLT for data, initiatives, grants – power and influence (legislative action)



RECOVERY IN THE PARK

— DENTON COUNTY —

September 16th

11:00 am to 2:00 pm

Denton County Administrative Complex
1 Courthouse Drive
Denton, Texas 76208

Celebrating Community & Recovery



ENDORSED
BY:

