



Denton County Behavioral Health Leadership Team

January 18, 2018

8:00 a.m. – 9:30 a.m.

United Way of Denton County (1314 Teasley Ln, Denton, TX 76201)

Agenda

I.	Welcome	W. Kerbow	5 min.
II.	Consideration of Minutes from November 2017 Minutes attached for review.	W. Kerbow	2 min.
III.	Binder update	S. Redwine	5 min.
IV.	Mission and Vision of DCBHLT	G. Henderson	10 min.
V.	2017 Wins and Opportunities	G. Henderson S. Redwine Workgroups	20 min.
VI.	Sequential Intercept Model Next Steps	S. Redwine	10 min.
VII.	HB 13 Community Mental Health Grant	S. Redwine	20 min.
	a. Jail Diversion		
	b. Veterans		
	c. Child & Family Systems		
VIII.	Public Comment		5 min.
	a. Veteran Center Open House Luncheon 1/19/18		
IX.	Adjourn	W. Kerbow	

**Next Meeting: March 22, 2018 @ 8:00 a.m.
United Way of Denton County**

Denton County Behavioral Health Leadership Team

January 18, 2018

8:00 a.m. – 9:30 a.m.

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Agenda

Appointees Present: Dr. Stephanie Brown, Dr. Roxanne Del-Rio, Dr. Lisa Elliott, Elizabeth Ferring, Judge Barbara Gailey, Melinda Galler, TJ Gilmore, Monica Glenn, Dr. Tim Harris, Mary Jones, Chief Russ Kerbow, Jane Krhovjak, Capt. Douglas Lee, Commissioner Bobbie Mitchell, Dr. Matt Richardson, Juan Rodriguez, Dr. Kathryn Stream, Dr. Richard Valenta, Terry Widmer

Ex-Officios Present: Gary Henderson, Sonia Redwine

Appointees Absent: Louise Baldwin, Samantha Castle, Monya Crow, Craig Daugherty, Gary Fullerton, Bill Giese, Mayor Bill Heidemann, Chief Lee Howell, Dr. Randall Langston, Dr. Teresa McKinney, Chief Robin Paulsgrove, Dr. Nicki Roderman, Judge Coby Waddill, Mayor Chris Watts

Meeting called to order at 8:00am.

- I. Welcome W. Kerbow 5 min.
Chief Kerbow called the meeting to order and welcomed guests.
- II. Consideration of Minutes from November 2017 W. Kerbow 2 min.
Minutes attached for review.
Dr. Harris motioned to approve the minutes. Second by M. Jones. Minutes approved.
- III. Binder update S. Redwine 5 min.
Sonia provides updated bylaws and appointee list for binders. Reminds members who have not completed ethics policy to please read, sign, and leave with Sonia at the end of the meeting.
- IV. Mission and Vision of DCBHLT G. Henderson 10 min
G. Henderson provided background to Denton County Citizen's Council on Mental Health, a fact-finding group, to the development of DCBHLT to move towards changing behavioral health systems in Denton County. G. Henderson reviewed MMHPI executive summary, including recommendations (see one-page handout).
GH revisited vision and mission of DCBHLT (see PowerPoint slide).
GH highlighted the DCBHLT organization structure.
The structure is purposeful with the organizations and appointed persons. Only implement 5 workgroups to start. Workgroups are boots on the ground. (see PowerPoint slide).

GH reviewed role of an appointee (see handout) to include, but are not limited to identify behavioral health needs of the community, raise awareness and educate the community (Ok to Say and Mental Health First Aid), communicate mission, vision, and work of DCBHLT to community, report back to your organization.

- V. 2017 Wins and Opportunities G. Henderson 20 min
S. Redwine
Workgroups

Workgroup chairs share their wins/accomplishments for the year and their next steps for 2018.

Child and Family Systems Workgroup: Dr. Lisa Elliott and Laura Prillwitz

Accomplishments were very collaborative with other agencies. Ideas for the future to change the wording for the billboard on the "Okay to say" campaign.

Proclamation for Children's Mental Health Day across the county last May in collaboration with the WATCH coalition. Our Children's Mental Health programming was awarded the Worthy Award. (see attached)

Veterans: Chris Martin

Completion of the Veterans Community Navigator program. Began Project Camo and Mental Health First Aid workshops. Opportunities for 2018 include improving awareness of the program. Moving forward on the expansion of the VA to address behavioral health. Gary mentioned there is a meeting in February scheduled with the VA and Congressman Burgess' office.

Question from the DCBHLT on the process of homeless veterans that are out in the cold? Are they getting the necessary shelter? Liz Emerson elaborated about Veterans and homelessness; it continues to be a need. There is still need of shelter around the community. There is a Point in Time (PIT) count this month to measure the need for housing support in Denton County. Some agencies are providing hotel options. Monsignor King Outreach Center (MKOC) capacity is 80-90 persons.

Courtney Cross shared that Denton County will be participating in a database collaborative called Built for Zero, a quality improvement model.

Community Conversations: Elizabeth Ferring

The group was able to create a survey to use for the community by UWDC intern Mathew. The challenge is going to the community and not being able to solicit the information. Looking for places to visit. Sonia mentioned she connected with the president of NAMI Denton to collaborate and visit NAMI support groups to conduct focus groups.

Jail Diversion:

Chief Kerbow highlighted the success of the Law Enforcement Training Video. He will be attending the quarterly area chiefs breakfast meeting and ask about implementation of the video in departments.

Sonia shares slide with 5 steps (research→design→fund→implement→evaluate) and allows DCBHLT to write down what they see as opportunities for each section for 2018. DCBHLT members then submitted their responses on a texting poll to create a word cloud (see attached). Results were analyzed and the following points were listed in order of frequency:

1. Jail Diversion
2. Case Management
3. Homelessness
4. Communication across the community
5. Funding for more programs
6. Need for grant writers
7. Mental health for those experiencing homelessness

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|-------|---|------------|--------|
| VI. | Sequential Intercept Model Next Steps
SIM model page distributed to members. Reiterate that this is a best practice and an original recommendation from MMHPI. We are at Design phase for SIM...will work with jail diversion group and mental health treatment court to merge pieces together. Motion to approve adhoc workgroup for continuum of care by Terry Widmer. Second by Commissioner Mitchell. Motion passes. | S. Redwine | 10 min |
| VII. | HB 13 Community Mental Health Grant
Sonia explained briefly the grant.
Addressing gaps, continuity of care with the different workgroups.

a. Jail Diversion:
Matt Richardson reviewed what is currently happening within correctional health (jail health). Already doing a lot of continuity of care in the correctional offices. Only part that is lacking is short on staff to be able to formalize the discharge process. Matt explained the process on how it would look like if there are more available caseworkers. See flowchart.

b. Veterans
Explanation of how HB13 would benefit Veterans in our community by sustaining the Veteran Community Navigator, and adding a position for outreach. | S. Redwine | 20 min |
| VIII. | Public Comment | | 5 min. |

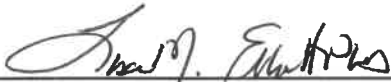
- a. Veteran Center Open House Luncheon 1/19/18
- b. NAMI Denton hosts The Crisis Intervention Model: Communicating to De-escalate. Led by Sr. Corporal Herbert Cotner and Sherry Cusumano to learn how to address other to avoid the need for first responders while assisting them to get the care they need. FREE. MONDAY, 1/22 7PM NCTC FLOWER MOUND
- c. PIT count on January 25th. Volunteer opportunities available. See Courtney for training dates.

IX. Adjourn

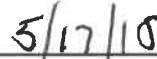
W. Kerbow

Meeting adjourned at 9:25am.

**Next Meeting: March 22, 2018 @ 8:00 a.m.
United Way of Denton County**



Secretary



Date



DENTON COUNTY
BEHAVIORAL HEALTH
LEADERSHIP TEAM

Comprehensive behavioral health services for every person in Denton County.

A collective impact initiative supported by:



MMHPI Best Practice Opportunities for Denton County

System recommendations to shift from fact-finding to action

- Charter DCBHLT
- Organize a DCBHLT Work Group Structure
- Recruit and deploy a senior director level FTE to coordinate & manage process
- Continue to expand Citizen's Council

MMHPI Best Practice Opportunities for Denton County

Potential Targeted Improvement Activities

- Continued crisis response system improvement
- Systemic justice system diversion across multiple intercepts
- Enhancing services for children and families
- Expanding integrated primary care/behavioral health home capacity
- Implementing specific best practices treatment
- Workforce development and focused initiatives



Vision: Comprehensive behavioral health for every person in Denton County.

Mission: The Denton County Behavioral Health Leadership Team will advocate and facilitate a collaborative person-centered behavioral health system to repair and restore lives:

- Ensure behavioral health services are available to meet the needs of all
- Assess data for continuous outcome measurements
- Prioritize data driven recommendations
- Provide a continuum of care

DENTON COUNTY BEHAVIORAL HEALTH LEADERSHIP TEAM

serves as the County oversight committee (1)

16 - 36 Total Members

State and Federal Legislatures (1-3)	Denton County Commissioners Court (3-5)	Municipal (Denton, Lewisville, Corinth) (3-6)	Small Cities/Towns Coalition (1-2)	Health Systems Hospitals, MHMR, Health Department (3-7)	Health Funders Insurance Providers (1-2)	Human Systems ISDs, Higher Ed., Law Enforcement, Housing, WATCH (4-10)	United Way of Denton County (1)
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COLLABORATIVE STRUCTURE

Co-Chairs/ Director (2)

WORK GROUPS

Individuals may serve on multiple work groups

Work groups will involve broader range of Change Agents

Veterans
Crisis Intervention
Mental Health
Reintegration

Mental Health Court
Develop Program

Jail Diversion
Crisis System / Sequential Intercept

Crisis / Detention / Commitment
Inpatient / Crisis Stab / Crisis Teams

Child & Family Systems
ISDs, Multiagency, JJ Diversion

Integrated Care
Medical Behavioral Across Complexity

End User
Community Conversations

Workforce
Development Focused Initiatives

Community Case Management
High Utilizer and QI Data Sharing

1 – Chartered by political entities, formal reporting, accountability

2 – Transition from voluntary Co-Chairs to professional staff position developed between Denton County Health Department and United Way of Denton County

Child & Family Systems

- Collaborated with WATCH; created and purchased multiple posters, bookmarks and large portable, traveling banners for the Okay to Say campaign. Still working on the roadway banners; Meadows Mental Health Policy Institute have been working with us to create the correct message.
- Partnered with TWU social work students on Okay to Say project. Students hosted a fundraising and awareness event that garnered more than \$100 in funds and shared the message of Okay to Say locally.
- Attended multiple City Council meetings and obtained proclamations for Childrens Mental Health Awareness.
- Collaborated with WATCH and multiple other agencies for Childrens Mental Health Awareness. This included the second annual “Our Feelings are a Work of Art” art contest; Commissioner Bobbie Mitchell spoke at this event and presented awards. Juvenile Mental Health Court adolescents created beautiful butterflies for decorations, they provided face painting for children attending, as well as participants with arts and crafts. UBH provided funds to purchases books for both parents and children addressing mental health. The partnership with WATCH and Juvenile MH Court for the Flight to Freedom/art contest was awarded the Worthy Award by the Fort Worth PRSA.

Child & Family Systems

- Juvenile Mental Health Court became a reality – it is now operational and was at full capacity within five months, and continues to be at full capacity.
- We have continued to work on becoming a Texas Systems of Care community. This has involved creating our Asset Map for the county, working with multiple agencies to identify needs specific to children and families and researching other systems of care communities.
- The workgroup partnered with UBH to train a MHFA facilitator; over 70 community members were trained in adult MHFA as a result of additional facilitator. Dr. Teresa McKinney hosted the kick-off MHFA course with the new facilitator, with more than 30 attendees.

Veterans

- Opening of Veterans Center
- Secured funding for rent/utilities for the Veterans Center for next 5 years
- Closed out first year of VCN program; maintained program after grant expired; provided assistance for over 300 Veterans and their families
- Began Project Camo and Military Mental Health First Aid Course with several iterations of both completed
- Held third VA sponsored homeless Veteran stand down

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graph LR; A[Research] --> B[Design]; B --> C[Fund]; C --> D[Implement]; D --> E[Evaluate]
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Research

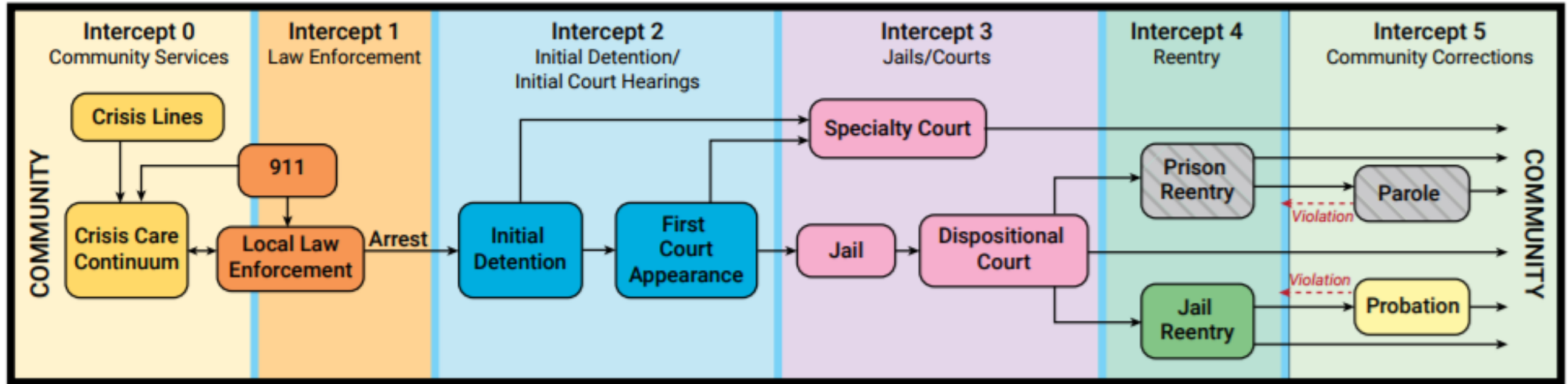
Design

Fund

Implement

Evaluate

The Sequential Intercept Model



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Policy Research Associates (2017), *The Sequential Intercept Model: Advancing Community-Based Solutions for Justice-Involved People with Mental and Substance Abuse Disorders*

HB 13: Community Mental Health Grant

Seeks to establish mental health services for the purpose of supporting communities in the provision of treatment and the coordination of mental health services:

- Supporting community programs that provide mental health care services and treatment to individuals with a mental illness; and
 - Coordinating mental health care services for individuals who have a mental illness with other transition support services.
-
- Competitive matching grant totaling \$5 Million
 - Due January 31st
 - Award dates: June 2018-August 2019

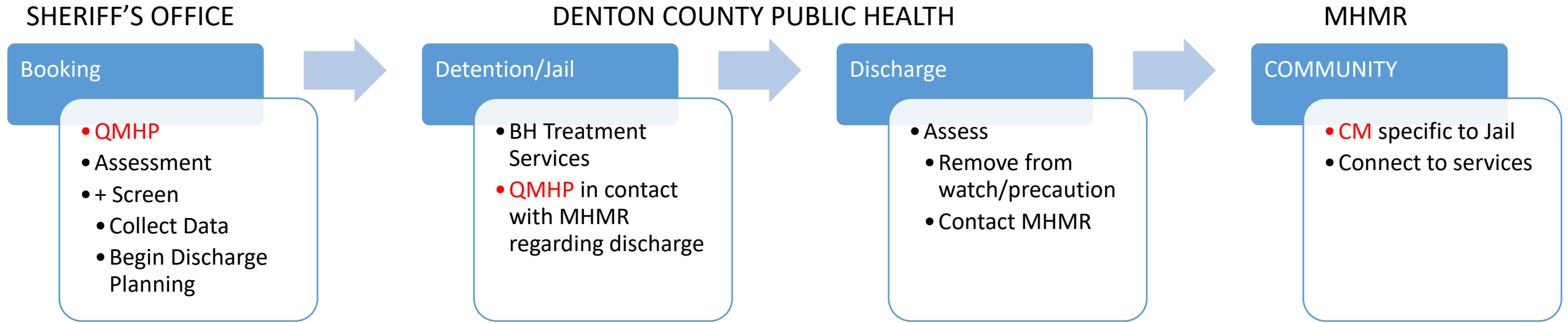
HB 13: Community Mental Health Grant

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Address the following gaps identified in State BH Strategic Plan

Gap 5: Continuity of care for those exiting jail

HB 13: JAIL DIVERSION FLOW CHART



Red indicates a new position

Continuum of Care with person(s) familiar with treatment plan

HB 13: Jail Diversion & Continuum of Care

Denton Match \$200,000

- QMPH from Sheriff's Office
- QMPH from DCPH Jail Health
- UWDC Admin (Financials/Reports)
- MHMR training

State Match \$200,000

- 2 QMPH (DCPH Jail Health)
- Jail Case Manager (MHMR)

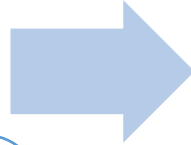
HB 13:

VETERAN COMMUNITY NAVIGATOR: THE SEQUEL (2.0, DELUXE, SUPER SIZED)

COMMUNITY AGENCIES

REFERRAL

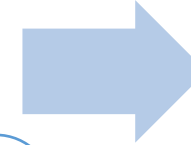
- **VETERAN OUTREACH COORDINATOR**
 - Connect & ID Veteran resources
 - Distribute information regarding VCN
 - Agency refers via VCN portal



VETERAN COMMUNITY NAVIGATOR

CASE MANAGEMENT

- **2 VCN STAFF**
 - Case planning
 - Referrals
 - Follow Up
- DCVC
 - Financial Assistance Review



SUPPORT SERVICES

DISCHARGE

- Goals are met
- Client stable

HB 13: Veteran Community Navigator 2.0

Denton Match \$200,000

- Veteran Center Rent
- UWDC Admin (Financials/Reports)
- HMIS data management
- DCVC Board Volunteer Time
- DCBHLT Veterans Workgroup Volunteer Time

State Match \$200,000

- Veteran Outreach Coordinator
- 2 VCN
- Financial assistance



Come & Go Lunch

at the

Denton County
Veterans Center

&

Low Income
Taxpayer Clinic



Friday, January 19th 11:30-1:00

NAMI Denton hosts

“The Crisis Intervention Model: Communicating to De-escalate”

- FREE public program
- Monday, January 22
- 7pm
- Lecture Hall of NCTC Flower Mound Campus, 1200 Parker Square Road
- Presented by Sr. Corporal Herbert Cotner at Dallas PD and Sherry Cusumano, MS, RN, LCDC, of Medical City Green Oaks Hospital
- Learn way to address family members, friends, and others to avoid the need for first responders while assisting them to get the care they need.



Next Meeting Date:
March 22, 2018
8:00 a.m.
United Way of Denton County

