

## **Denton County Behavioral Health Leadership Team**

**September 15<sup>th</sup>, 2016**

**8:00 a.m. – 9:30 a.m.**

**United Way of Denton County, Inc. (1314 Teasley Lane, Denton, TX)**

### **Agenda**

- |       |   |               |         |
|-------|---|---------------|---------|
| I.    | Welcome & Introductions   | J. Mulroy     | 2 min.  |
| II.   | Consideration of July Meeting Minutes<br>(approval) (attached)  | J. Mulroy     | 2 min.  |
| III.  | Backbone Support Update   | G. Henderson  | 10 min. |
| IV.   | Strategic Planning Committee  | M. Richardson | 10 min. |
| V.    | Public Relations<br>• Speakers Bureau Updates   | A. Reed       | 5 min.  |
| VI.   | Workgroup Reports (attached)<br>• Housing (Terry Widmer - tbwidmer@gmail.com)<br>• Jail Diversion (Deputy Randy Plemons - randyplemons@dentoncounty.com)<br>• Veterans (Colonel Chris Martin - c2w2martin@aol.com)<br>• Mental Health Court (Tami Russell - tamirussel@dentoncounty.com)<br>• Child and Family Systems (Dr. Lisa Elliott - lisa.elliott@cookchildrens.org & Laura Prillwitz - lauraprillwitz@dentoncounty.com)<br>• Consumer (Elizabeth Ferring - eferring@gmail.com) | Workgroups    | 40 min. |
| VII.  | HHSC TV + FA Grant Progress   | A. Reed       | 15 min. |
| VIII. | New Business  | J. Mulroy     |         |
| IX.   | Public Comments   |               |         |
| X.    | Adjourn   | J. Mulroy     |         |

**Next Meeting: November 17, 2016 @ 8:00 a.m.  
at United Way of Denton County**

## Denton County Behavioral Health Leadership Team

July 21, 2016

### Meeting Minutes

**Appointees Present:** Bryan Langley, Cindy “Sanden” Daughtee, Commissioner Bobbie Mitchell, Dr. Bill Giese, Dr. Derrell Bulls, Dr. Lisa Elliott, Dr. Matt Richardson, Dr. Monica Mendez-Grant, Dr. Nicki Roderman, Dr. Richard Valenta, Dr. Roxanne Del-Rio, Dr. Teresa McKinney, Dr. Timothy Harris, Elizabeth Ferring, Joe Mulroy, Juan Rodriguez, Louise Baldwin, Councilman TJ Gilmore

**Ex officios present:** Gary Henderson, Judge Doug Robison, Alex Reed

**Appointees Absent:** Chief Lee Howell, Chief Russ Kerbow, Deputy Randy Plemons, Dr. Kathryn Stream, Gary Seguin, Gary Fullerton, Judge Coby Waddill, Judge Barbara Gailey, Mayor Chris Watts, Melinda Galler, Monya Crow, Prudence Sanchez, Scott McBryde

Meeting called to order at 8:02 a.m.

#### **Welcome & Introductions:**

Joe Mulroy provided the welcome and recognized guests.

#### **Consideration of May Meeting minutes:**

The May 19, 2016 meeting minutes of the Denton County Behavioral Health Leadership Team were reviewed and approved.

Motion: Dr. Derrell Bulls

Second: Dr. Bill Giese

Minutes approved as written.

#### **Officer Slate and New Staff:**

Joe Mulroy acknowledged the incoming slate of officers. Gary Henderson introduced Alex Reed as the new Community Impact Director for Mental Health Initiatives at United Way of Denton County. Alex Reed started with United Way of Denton County on June 20<sup>th</sup>, 2016. The slate of officers is attached, and consists of the following:

- Judge Barbara Gailey, Past Chair
- Joe Mulroy, Chair
- Dr. Teresa McKinney, Co-Chair
- Melinda Galler, Secretary

#### **Strategic Planning Update:**

Dr. Matt Richardson provided information on the next steps for the Strategic Planning Committee. Dr. Richardson stated that the committee will meet in August to review the finalized work plans from each of the workgroups, with the exception of the Consumer Workgroup. Dr. Richardson informed the group that the goal is to generate matching language for the overarching goals

presented within the work plans. Dr. Richardson highlighted that the committee would not be changing the content of the work plan, but rather the goal is to generate concise overarching strategic goals from within the existing work plans.

Dr. Matt Richardson also indicated that the strategic goals would include an indication of progress on the strategies and metrics to highlight the accomplishments of the workgroups and DCBHLT. A draft of the strategic goals from each workgroup to be provided at the September DCBHLT meeting.

**Workgroup Reports:**

Workgroup updates and highlights of individual workgroups were provided by the Chair (or workgroup representative) of each group. A formal written report was provided in the DCBHLT agenda packet.

A list of workgroup chairs is as follows:

- Veterans: Colonel Chris Martin
- Consumer: Elizabeth Ferring
- Housing: Terry Widmer
- Jail Diversion: Chief Deputy Randy Plemons
- Mental Health Court: Tami Russell
- Child & Family Systems: Dr. Lisa Elliott and Laura Prillwitz, Co-chairs

During the workgroup reports, Terry Widmer of the Housing Workgroup provided a progress review of the low barrier transitional housing program being generated from the workgroup. The workgroup obtained a Denton Supportive Housing, Inc. grant to house 10 chronically homeless individuals for one year. Three RFPs were presented for the provision of case management services.

During the conversation pertaining to the housing pilot, Joe Mulroy highlighted that the goal of the pilot is to generate a scalable model for supportive housing. Gary Henderson presented the \$600,000 ESG Funding loss, and Commissioner Bobbie Mitchell asked legislators to intervene to generate emergency funds in light of the ESG loss. Joe Mulroy and Terry Widmer highlighted that the pilot hopes to generate outcomes to solicit resources for the model across the county.

Dr. Teresa McKinney stated that the Jail Diversion Workgroup is working to generate a model for the Sobering Unit concept presented previously by Scott Wisenbaker and Deputy Randy Plemons. Commissioner Bobbie Mitchell and Bryan Langely highlighted the necessity to provide an expectation to potential funders of quantified cost savings anticipated.

Dr. Lisa Elliott and Laura Prillwitz provided an update from the Child and Family Systems Workgroup. Laura Prillwitz shared information with the group regarding the proposal that currently before Commissioners Court for a new Juvenile Mental Health Court. Judge Kimberly McCary would serve as the presiding judge. Dr. Lisa Elliott provided an update that the workgroup

had secured partial funding the Mental Health First Aid Facilitator Training and is working to secure the additional funding.

**HHSC TV+FA Grant Updates:**

Gary Henderson provided the group with an update on the TV+FA Pilot Program Grant. The TV+FA Pilot Program Grant contract was executed on June 13<sup>th</sup>, 2016. UWDC confirmed two new staff members to join the team as the Veteran case managers, Elizabeth Emerson and Ashley Beverly. The timeline for the grant implementation was reviewed and a gantt chart was included in the agenda packet.

**New Business:**

No new business recorded.

**Public Comments:** No public comments were received.

The meeting adjourned by consent at 9:03 a.m.

**Next Meeting: September 15, 2016 @ 8:00 a.m.  
United Way of Denton County Office**

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Secretary

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Date



## DCBHLT Veterans Workgroup

### Strategic Planning

2015 - 2020

#### STRATEGIC GOAL: INCREASE AWARENESS AND CAPACITY OF MENTAL AND BEHAVIORAL HEALTH SERVICES TO VETERANS AND THEIR FAMILIES.

Objectives	Strategies	Metrics	Status
Expand Veteran Peer to Peer services in Denton County	<ul style="list-style-type: none"> <li>Recruit and train peer mentors from community partner agencies</li> <li>Conduct presentations to local employers to recruit volunteers and raise awareness</li> <li>Secure a paid Volunteer Coordinator</li> <li>Develop a marketing and outreach program to increase community awareness</li> </ul>	<ul style="list-style-type: none"> <li>Train 10 new peer mentors in Denton County</li> <li>Expand to 3 Peer to Peer meeting locations in Denton County</li> <li>Secure \$10,000 for local Veteran program marketing</li> <li>Increase number of mentors for Denton County Veterans Court from 4 to 15</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>In progress</li> <li>Completed</li> <li>In progress</li> </ul>
Increase access to current Veteran resources in Denton County	<ul style="list-style-type: none"> <li>Apply for SB55 TV+FA Grant to secure community case managers for coordination of services</li> <li>Establish a Denton County Veterans Resource Center</li> <li>Develop a Veterans Ambassador Transportation program through collaboration with DART/DCTA</li> </ul>	<ul style="list-style-type: none"> <li>Hire 2 Veteran Case Managers with TV+FA Grant monies</li> <li>Generate an inclusive Veterans Resource Directory</li> <li>Refer 20 Veteran clients to DCTA Travel Trainer Program</li> <li>Recruit 5 additional Veteran ambassadors</li> </ul>	<ul style="list-style-type: none"> <li>Completed</li> <li>In progress</li> <li>In progress</li> <li>Planned; not started</li> </ul>
Promote awareness of Veteran behavioral health services and needs	<ul style="list-style-type: none"> <li>Develop a mass marketing plan to highlight Veteran programs in Denton County</li> <li>Include marketing budget in SB 55 TV+FA Grant application</li> <li>Provide military cultural competency training to local business and organizations</li> </ul>	<ul style="list-style-type: none"> <li>Generate a Veteran component to DCBHLT website</li> <li>Share 2 Veteran specific resources a month on DCBHLT Facebook page</li> <li>Secure \$10,000 for local Veteran program marketing through TV+FA Grant</li> <li>Provide 2 military cultural competency trainings each year</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>In progress</li> <li>Completed</li> <li>Planned; not started</li> </ul>
Expand current Veteran service provider capacity	<ul style="list-style-type: none"> <li>Locate interim VAMC space options for expansion</li> <li>Increase number of PTS-trained clinicians in Denton County</li> <li>Explore partnerships with local universities for student clinical training and recruitment</li> </ul>	<ul style="list-style-type: none"> <li>Locate space to support 6 additional clinical staff to provide behavioral health services through VAMC</li> <li>Provide PTS training with CEU credit to 15 clinicians</li> <li>Provide 3 guest presentations to counseling/social work students for professional recruitment</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>Planned; not started</li> <li>Planned; not started</li> </ul>



**DCBHLT Mental Health Court Workgroup**  
**Strategic Planning**  
**2015 - 2020**

**STRATEGIC GOAL: DEVELOP CONTINUUM OF CARE FOR INCREASED NUMBER OF MENTAL HEALTH COURT PARTICIPANTS**

Objectives	Strategies	Metrics	Status
Increase number of individuals diverted from traditional judicial system	<ul style="list-style-type: none"> <li>Expand diversion court staff capacity to service more individuals</li> <li>Obtain referrals of appropriate clients for Mental Health Court</li> <li>Secure infrastructure to expand Mental Health Court Treatment Team</li> </ul>	<ul style="list-style-type: none"> <li>Conduct 50 evaluations of referred Mental Health Court candidates</li> <li>Accept, at minimum, 1 out of every 4 referred eligible candidates</li> <li>Apply for Criminal Justice Division Funds through the Governor's Office</li> <li>Utilize software to track court outcomes to secure additional funding</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>In progress</li> <li>In progress</li> <li>In progress</li> </ul>
Develop a continuum of care for Mental Health Court participants	<ul style="list-style-type: none"> <li>Develop a reintegration protocol for individuals in Phase 3 of the court program</li> <li>Develop an mental health focused outpatient program for court participants</li> <li>Build inclusive court Treatment Team</li> </ul>	<ul style="list-style-type: none"> <li>Identify 3 reintegration partners to provide individual or group counseling for court participants</li> <li>Increase MH Court participant appointment compliance</li> <li>Secure a psychiatrist to participate on MH Court Treatment Team</li> <li>Develop Intensive Outpatient Program with community partners</li> </ul>	<ul style="list-style-type: none"> <li>Completed</li> <li>Completed</li> <li>Completed</li> <li>Completed</li> </ul>
Generate Mental Health Court program measures	<ul style="list-style-type: none"> <li>Identify outcome tracking measures for court participants</li> <li>Identify tracking procedure to align with current data collection</li> <li>Develop system for data collection, entry and outcome synthesis</li> </ul>	<ul style="list-style-type: none"> <li>Identify and align with CJD Reporting Measures for data collection</li> <li>Identify software system to track court outcomes</li> <li>Build Efforts to Outcomes system to collect current assessments and CJD measures</li> <li>Recruit interns for the court for data collection, entry and synthesis</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>In progress</li> <li>In progress</li> <li>In progress</li> </ul>
Increase positive outcomes for court participants	<ul style="list-style-type: none"> <li>Increase number of employers who will employ court participants</li> <li>Reduce stigma for individuals with mental health needs</li> <li>Incentivize workplace engagement with court participants</li> <li>Build inclusive Treatment Team for court participants</li> </ul>	<ul style="list-style-type: none"> <li>Develop speakers bureau slides that indicate workforce implications for MH needs</li> <li>Host Mental Health First Aid Training for 10 local businesses by 2020</li> <li>Present about MH at 5 Chamber of Commerce meetings to reduce stigma and increase workplace awareness</li> <li>Develop and host CE for SHERM and HR Managers in Denton County</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>In progress</li> <li>In progress</li> <li>Planned; not started</li> </ul>



**DCBHLT Child and Family Systems Workgroup**  
 Strategic Planning  
 2015 - 2020

**STRATEGIC GOAL: INCREASE AWARENESS AND CAPACITY OF MENTAL AND BEHAVIORAL HEALTH SERVICES TO YOUTH.**

Objectives	Strategies	Metrics	Status
Develop a system of care for youth and their families with mental health needs	<ul style="list-style-type: none"> <li>Identify community youth mental health service gaps and assets</li> <li>Develop coordinated system through partnership agreements of community-based services</li> </ul>	<ul style="list-style-type: none"> <li>Develop a comprehensive community asset map</li> <li>Document community gaps identified through asset mapping of youth mental health services</li> <li>Become a Texas System of Care Community</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>In progress</li> <li>Planned; not started</li> </ul>
Support development of new youth specific mental health programs	<ul style="list-style-type: none"> <li>Support development of Juvenile Mental Health Court</li> <li>Develop comprehensive Juvenile Mental Health Court program components</li> <li>Development of youth behavioral health case management system, including program process, outcome measures and staffing</li> </ul>	<ul style="list-style-type: none"> <li>Secure funding for infrastructure of Juvenile Mental Health Court</li> <li>Hire 2 staff to provide case management services for Juvenile Mental Health Court</li> <li>Target 15 youth during year 1 of Juvenile Mental Health Court</li> <li>Identify community partner to provide youth behavioral health case management system</li> </ul>	<ul style="list-style-type: none"> <li>Completed</li> <li>In progress</li> <li>In progress</li> <li>Planned; not started</li> </ul>
Increase community awareness to reduce stigma associated with mental illness	<ul style="list-style-type: none"> <li>Expand Mental Health First Aid Training in Denton County</li> <li>Collaborate with MMHPI on the Okay to Say Movement</li> </ul>	<ul style="list-style-type: none"> <li>Train 200 individuals in Mental Health First Aid in Denton County</li> <li>Identify target groups for Mental Health First Aid Training</li> <li>Partner with MMHPI to generate Denton County specific anti-stigma media</li> <li>Increase MMHPI Denton County statewide partners from 8 to 20</li> </ul>	<ul style="list-style-type: none"> <li>In progress</li> <li>Completed</li> <li>In progress</li> <li>In progress</li> </ul>
Expand current youth and family service provider capacity	<ul style="list-style-type: none"> <li>Expand local capacity for behavioral health services for children of military families</li> <li>Expand NAMI support group capacity and location versatility</li> </ul>	<ul style="list-style-type: none"> <li>Partner with UWDC HHSC TV+FA Pilot Program to generate military specific youth curriculum</li> <li>Partner with Ranch Hand Rescue to support military family programs</li> <li>Expand NAMI Peer to Peer Connections Support Group from 1 to 3 locations</li> <li>Expand NAMI Family to Family Connections Support Group from 1 to 3 locations in Denton County</li> </ul>	<ul style="list-style-type: none"> <li>Pending</li> <li>In progress</li> <li>Completed</li> <li>Planned; not started</li> </ul>



## DCBHLT Workgroup Reports

September 2016

**WORKGROUP NAME: HOUSING**

**CHAIR NAME: TERRY WIDMER**

**CHAIR CONTACT INFORMATION (EMAIL AND PHONE): [TBWIDMER@GMAIL.COM](mailto:TBWIDMER@GMAIL.COM) (940) 368-5035**

Meeting Summary (provide meeting date and items discussed during meeting)

Workgroup members: Terry Widmer (Chair), Dani Shaw, Sherrie McDade, Alonzo Peterson, Amy O'Keefe, Brenda Jackson, RayAnne Climer, Melanie Torres, Christy Daniel, Jayme Kirby, Deidre Strubel, Betty Kay, Cathy Brown, Daniel Folmer, Pauline Jemison.

Attending 8/22: Terry Widmer (Chair), Dani Shaw, RayAnne Climer, Christy Daniel, Beth Tellez, Cathy Brown, Melanie Torres, Courtney Cross, Alex Reed, Sherri McDade; Guests Present: Carrie Breedlove, Amanda Foster

Attending 9/1: Terry Widmer (Chair), Leslie Mosely, Beth Tellez, Christy Daniel, RayAnne Climer, Alex Reed, Courtney Cross, Dani Shaw, Cathy Brown; Guests Present: Gary Henderson, Katherine Gonzales, Kelsey Naughton, Carrie Breedlove, Amanda Foster

Attending 9/13: Terry Widmer, Dani Shaw, RayAnne Climer, Melanie Torres, Christy Daniel, Beth Tellez (MHMR), Connie Schmidt, Carrie Breedlove (DCHC), Courtney Cross, Alex Reed

The workgroup has held three large group meetings since August (8/22/16; 9/1/16; 9/13/16), and multiple sub-group meetings in order to finalize policies, documentation and additional details regarding the Denton Supportive Housing Pilot.

The Policies and Procedures Sub-Committee has finalized the program eligibility, the program agreement and termination policy, and is working with Denton Supportive Housing, Inc. and the pilot project property owner to finalize the lease agreement.

The Direct Service Sub-Committee finalized intake screening criteria and the assessment tools that will be utilized by the case manager. They met separately (9/12/16) to finalize application and intake packet details and to finalize program outcome measures to be tracked in the Efforts To Outcome (ETO) case management software.

The Logistics Sub-Committee is finalizing MOUs between Denton Supportive Housing, Inc. and the various agencies who have committed to the pilot.

The workgroup finalized their DCBHLT strategic goal at the 9/1/16 meeting.

Housing pilot program documentation and details have been compiled into a program overview, and the workgroup has developed a client handbook which includes all relevant paperwork the details the program and requires a signature from the client. Final details for the pilot will be addressed by backbone support, and the pilot will now be overseen by the Review Team. The case manager for the pilot will provide updates to the workgroup on a quarterly basis.

The workgroup will spend the October meeting formulating next steps and reevaluating the current member roster.



### Short Term Action Items

- Develop speaker's bureau slides to share about the pilot throughout the community.
- Finalize move-in process and commitments from local community partners to provide contents to 'starter kits' for clients once they move into housing.
- Finalize all MOUs.
- Input assessment tools into ETO and train case manager to use software.
- Anticipated go-live date for program is October 1, 2016.

### Accomplishments

- Developed program overview detailing program workflow, policies and procedures and direct service details.
- Developed client handbook (includes policies and procedures program agreement, termination policy and lease agreement).
- Modified strategic goal to fit broader missions of both the DCBHLT and DCHLT.

### Concerns

- Upholding go-live date due to logistics.

### Next Meeting Dates

October 17, 2016



United Way  
of Denton County, Inc.

## DCBHLT Workgroup Reports

September 2016

**WORKGROUP NAME: JAIL DIVERSION**

**CHAIR NAME: RANDY PLEMONS**

**CHAIR CONTACT INFORMATION (EMAIL): [RANDY.PLEMONS@DENTONCOUNTY.COM](mailto:RANDY.PLEMONS@DENTONCOUNTY.COM)**

Meeting Summary (provide meeting date and items discussed during meeting)

**Workgroup members:** Chief Deputy Randy Plemons (Chair), Judge Coby Waddill, Judge Doug Robison, Judge Bonnie Robison, Pam Gutierrez, Lt. Chris Summit, Sgt. Cari Coker, Troy Manning, Captain Dan Rochelle, Scott Wisenbaker, Danielle Shaw, Dana Wagner, Dr. Teresa McKinney, Maria Ortiz, Paige Smith, Pauline Jemison and Edie Gracia.

**Attending:** Dr. Teresa McKinney, Lt. Chris Summit, Captain Dan Rochelle, Pam Gutierrez, Scott Wisenbaker, Troy Manning, Judge Bonnie Robison, Judge Doug Robison, Dani Shaw, Dana Wagner, Tami Webbleman and Edie Gracia.

Workgroup reviewed the provided script for the Law Enforcement Training Video for mental health crisis calls. Lt. Chris Summit and Captain Dan Rochelle provided feedback that the processes for response to mental health crisis response differs amongst jurisdictions. The group discussed the variation between rural and larger jurisdictions. Dr. Teresa McKinney is going to follow-up with the Sheriff's Office and film production company to identify how long the PO can be held to meet the script adjustment needs to reflect current versus future processes for mental health crisis response.

Sheriff Travis and Chief Deputy Randy Plemons report their continued support for the 2 case managers to provide discharge planning services for incarcerated individuals with mental health needs that are exiting the jail. Sheriff Travis and Randy also iterate their continued investment in the training video and encourage production to continue.

Short Term Action Items

- Author Law Enforcement training video script modifications and film production.
- Finalize Discharge Planner positions with MHMR and DCSO.
- Formulate formal recommendation to DCBHLT for Sobering Unit.

Accomplishments

- First draft of training video script reviewed.
- Nearing completion of the legal review for the DCSO and MHMR Discharge Planning Positions.

Concerns

- Costs associated with and funding sources for potential facilities.

Next Meeting Dates

September 22<sup>nd</sup> at 8:30am



## DCBHLT Workgroup Reports

September 2016

**WORKGROUP NAME: VETERANS**

**CHAIR NAME: CHRIS MARTIN**

**CHAIR CONTACT INFORMATION (EMAIL AND PHONE): [C2W2MARTIN@AOL.COM](mailto:C2W2MARTIN@AOL.COM), 678-877-6267**

### Meeting Summary (provide meeting date and items discussed during meeting)

Workgroup members: Chris Martin (Chair,) Roy Davenport, Melanie Torres, Sarah Banis, Paul Jurek , Michael Hunn, Kathy Eubanks, Raymond Holder, Chris Mays, Juan Rodriguez, Judge David Garcia, Jeff Gilmore, Louise Weston-Ferrill, Mira Brown, Dr. Airaj Waheed, and Bonnie Rinn

Attending: Roy Davenport, Mike Hunn, Ed Morales, Ashley Beverly, Courtney Cross and Alex Reed

The workgroup met on August 18, 2016. Ashley Beverly and Alex Reed of United Way of Denton County provided the group with an update on the Texas Veterans and Family Alliance Pilot Program Grant. The grant launch event is to take place on August 19<sup>th</sup>, with Senator Jane Nelson to attend and provide a check presentation. A workgroup participated in a community conversation pertaining to the needs in Denton County, highlighting Veterans specific needs.

### Short Term Action Items

- Continue to collaborate with the Denton City Council for approval for a facility for the VA to occupy and establish a behavioral health clinic.
- Pursue additional information pertaining to TAP classes to assist with Veteran reintegration in Denton County.
- Strategic goal for presentation to the Strategic Planning Committee.

### Accomplishments

- The TV+FA Pilot Program will begin accepting clients on August 22, 2016.
- Hiring of two Veteran case managers to provide services under the TV+FA Grant.

### Concerns

- Workgroup concerned with the timeliness of approval and establishment a VA behavioral health facility in Denton County.

### Next Meeting Dates

Next meeting 13 Oct at 10:00 a.m.



## DCBHLT Workgroup Reports

September 2016

**WORKGROUP NAME: MENTAL HEALTH TREATMENT COURT**

**CHAIR NAME: TAMI RUSSELL**

**CHAIR CONTACT INFORMATION [TAMI.RUSSELL@DENTONCOUNTY.COM](mailto:TAMI.RUSSELL@DENTONCOUNTY.COM) (940) 349-3340**

### Meeting Summary (provide meeting date and items discussed during meeting)

Workgroup members: Tami Russell (chair), Sgt. Cari Coker, Judge Doug Robinson, Katheryn Masten, Mira Brown, Yvonne Broach, Jeremy Hardy, Daniel Folmer, Judge Coby Waddill, Airaj Waheed, April McDonough, Dr. Roxanne Del-Rio, Armand Hill, Richard Godoy, Cheryl Ray, and Kathy Eubanks.

Attending: Tami Russell (Chair), Judge Coby Waddill, Judge Doug Robison, Kathryn Masten, Mira Brown, Kathy Eubanks, Richard Godoy, Yvonne Broach, Dr. Roxanne Del-Rio, Jan Pompei, and Dana Wagner.

The group met on August 25, 2016. Tami Russell provided the workgroup with updates from the Mental Health Court. The court currently has 10 participants, with 5 in Phase 1 and 5 in Phase 2. There are currently 9 cases pending interviews or decisions to enter the court, and 1 case to enter on 9/12/2016. The Treatment Team has expanded to include two judges, district attorney, MHMR ACT team, representative from local sober living facility, attorney, and probation officer. Approximately 60 cases have been presented for consideration of court enrollment. The group also discussed outcome tracking, data entry and data synthesis. The court is currently working to gain interns to assist with outcome measure tracking. Kathryn recommended engaging students in capstone courses for outcome measure alignment and synthesis.

### Short Term Action Items

- Acquire interns for Mental Health Treatment Court outcome measure and grant obtainment focus
- Implementation of Efforts to Outcomes software to align with CJD requirements
- Exploring MHFA for employers of court participants

### Accomplishments

- Mental Health Treatment Court continues to build treatment team to include clinicians and direct service providers.
- Further community partnership to benefit court participants throughout program and after graduation

### Concerns

- Employment for court participants

### Next Meeting Dates

Next meeting 10/27/2016 @ 4 pm (Denton County Courthouse)



## DCBHLT Workgroup Reports

September 2016

**WORKGROUP NAME: CHILD AND FAMILY SYSTEMS WORKGROUP**

**CHAIR NAME: LISA ELLIOTT AND LAURA PRILLWITZ**

**CHAIR CONTACT INFORMATION: [LISA.ELLIOTT@COOKCHILDRENS.ORG](mailto:LISA.ELLIOTT@COOKCHILDRENS.ORG) (940) 484-4311 AND [LAURA.PRILLWITZ@DENTONCOUNTY.COM](mailto:LAURA.PRILLWITZ@DENTONCOUNTY.COM) (940) 349-2455**

### Meeting Summary

The group last met on August 26, 2016.

Workgroup members: Lisa Elliott, Laura Prillwitz, Judge Kimberly McCary, Judge Tiffany Haertling, Monya Crow, Gary Seguin, Amy Lawrence, Sharon Dahl, Sara Walterscheid, Richard Brown, Lisa Pierce, Sadaf Meckfessel, Cheryl Aldridge, Ashley Buckles, Trish Robinson, Toni Schweizer, Eren Turner

Attending: Lisa Elliott, Laura Prillwitz, Judge Kimberly McCary, Monya Crow, Gary Seguin, Beth Tellez representing Sara Walterscheid, Lisa Pierce, Sadaf Meckfessel, Chelsie Ayers representing Eren Turner, Cheryl Aldridge, Celia Brannon representing Toni Schweizer and Alex Reed.

Most recent meeting took place on August 26, 2016. The group discussed an update on the Juvenile Mental Health Court and the award of a four year Discretionary Aid Grant from Texas Juvenile Justice Department. The group reviewed the program components, implementation timeline and logic model.

The workgroup secured the funding to send UBH employee, Celia Brannon to Mental Health First Aid Facilitator Training in Austin in September 2016. Celia will then provide adult MHFA within the Denton County community in effort to reduce stigma associated with mental health and in line with strategic plan for workgroup.

The workgroup hosted Kanani Quijano from MMHPI to discuss Okay to Say Movement media pieces, as well as the tiered commitment structure for expanding Denton County Okay to Say partnerships.

### Short Term Action Items

- Continued support of Judge McCary and Laura Prillwitz throughout implementation of the Juvenile Mental Health Court.
- Celia Brannon to attend September Mental Health First Aid Facilitator Training. Workgroup to be reaching out to tier 1 target groups to offer trainings.
- Elect child, family and Denton County specific statistics for inclusion in Okay to Say Movement media pieces. MMHPI to generate single page and table tent flier for initial phase of dissemination.

### Accomplishments

- Juvenile Mental Health Court grant funding and anticipated program launch
- Facilitator and funding for Mental Health First Aid

### Concerns

- Completing a thorough and exhaustive Community Asset tool in a timely manner
- Obtaining partners for the "Okay to Say" campaign
- Keeping goals in a manageable timeframe

### Next Meeting Dates

September 23, 2016 (United Way of Denton County)

October 28, 2016 (United Way of Denton County)

# **THE SOAR PROGRAM**

## **Denton County Juvenile Mental Health Treatment Court**

### **Programmatic Overview**

**PROGRAMS PURPOSE:** The program's purpose is to serve the needs of children who are at risk of being removed from their homes due to mental health issues that result in behaviors that make them unmanageable in their home and/or community environments. The program was established to bring intensive services to these children in their homes and to address the family issues that may be contributing factors to the dysfunction of the identified children. The program is designed to assess the issues in the home that impact the mental health of the child and the functionality of the family and to work with the family and community resources to address the identified problems and to provide the rehabilitative and supportive services that will allow the juvenile to remain in his home with a decreased risk of removal as well as a lessened risk of recidivism, thereby keeping the community safe.

**PROGRAM GOAL:** The goal of Denton County Juvenile Mental Health Court is to reduce delinquency, increase offender accountability and rehabilitate juvenile offenders through a comprehensive, coordinated community-based juvenile probation system that involves the entire family dynamic.

**TARGET POPULATION:** Post adjudicated male and female juveniles between the ages of 10-17 diagnosed with mood disorder, psychosis, mania, anxiety, trauma (PTSD), anger issues, and ADHD amongst other diagnosis.

**ELIGIBILITY CRITERIA:** In order to be eligible for program consideration, the juveniles must meet the criteria of the following target population. The juvenile must be found to:

1. Post adjudicated youth
2. Have a DSM-V diagnosis other than or in addition to substance abuse, ADHD, mental retardation, autism, or pervasive developmental disorder.
3. IQ of 70 or greater.

**REASONS FOR EXCLUSION:** Primary diagnosis of ODD, Conduct Disorder, ADHD. Juveniles charged with a "sex offense".

**THERAPEUTIC PROVIDER:** Denton County Juvenile Contract Providers

**PSYCHIATRIC SERVICE PROVIDER:** Denton County MHMR or Participant's Private Psychiatrist

**ESSENTIAL PROGRAM CHARACTERISTICS:**

1. The program will have an integrated treatment and service approach in processing cases by utilizing a psychiatric evaluation, a psychological or behavioral health assessment, and a substance abuse screening.
2. The program will use a non-adversarial approach with participants by including prosecutors and defense attorneys, which will ensure due process rights and protection for the public.
3. Program staff will strive for early identification of program participants who are eligible.
4. Within 48 hours after placement in the program, participants will have a developed treatment plan for appropriate mental health treatment, with services beginning the same week of acceptance.
5. Participants will attend Juvenile Mental Health Court bi-weekly or monthly depending upon their phase in the program.
6. The program, through intensive mental health treatment and services will provide opportunities for participants who at risk for out of home placements to remain in the community and avoid further re-offending and avoid further court sanctions.
7. Output measures and monitoring will be done for each phase of the program to ensure program effectiveness. Recidivism rates will be measured for one, two, and three years after the program.
8. Program staff will continue to participate in interdisciplinary training and continuing education to promote effective program planning and services.
9. The Program staff will work closely with MHMR, Denton County Independent School Districts, the National Alliance on Mental Illness (NAMI), and other community programs to provide appropriate services and referrals to participants and their families.

# Denton County Juvenile Mental Health Court

## SUMMARY OF PROGRAM PHASES

	<b>PHASE ONE – 30 days Orientation</b>	<b>PHASE TWO – months 2-4 Stabilization</b>	<b>PHASE THREE – months 5-6 Transition</b>	<b>AFTERCARE – 90 days</b>
<b>Court Review Hearing Frequency</b>	Bi – Weekly	Bi-Weekly	Monthly	N/A
<b>Frequency of Therapeutic Services</b>	1 hour per week minimum	1 hour per week minimum	1 hour per week minimum	1 hour per month or as needed
<b>Frequency of Case Management Services</b>	1 hours per week minimum	1 hours per week minimum	1 hours per week minimum	1 hour per month or as needed
<b>Frequency of Probation Contacts</b>	2 contacts per week	2 contacts per week	2 contacts per week	1 contacts per week minimum
<b>Frequency of Cognitive Behavioral Group Interventions</b>	1 hour per week	1 hour per week	1 hour per week	N/A
<b>Mandatory Meetings</b>	Family Suitability Interview Weekly case staffings Treatment Plan Development Monthly review	Treatment Plan Updates Weekly case staffings Transition Planning Monthly reviews	Treatment Plan Updates Weekly case staffings Transition Planning Discharge Planning Monthly reviews	Monthly reviews Case Plan





United Way  
of Denton County, Inc.

## DCBHLT Workgroup Reports

September 2016

**WORKGROUP NAME: CONSUMER**

**CHAIR NAME: ELIZABETH FERRING (940) 387-4874; [EFERRING@GMAIL.COM](mailto:EFERRING@GMAIL.COM)**

Meeting Summary (provide meeting date, and items discussed during meeting)

**For purpose of confidentiality the consumer workgroup does not include a workgroup roster.**

The Consumer Workgroup met on August 9<sup>th</sup>, 2016. The participants of the workgroup participated in a brainstorming session to identify how the DCBHLT can increase the feedback from the consumer population. The workgroup has experienced a decreased in attendance, and therefore, a limited amount of consumer perspective and insight. The participants recommended that the workgroup take place in groups that are already formulated. This would transition the workgroup to a fluid concept where the chair and backbone support would host community conversations with diversified consumer groups in established group settings.

Short Term Action Items

- Identify established consumer groups to engage
- Schedule community conversations with identified consumer groups

Accomplishments

- Obtaining and honoring consumer feedback to increase DCBHLT consumer engagement and insight
- Obtaining feedback on potential workgroup awareness opportunities

Concerns

- Sustainable consumer program identification and engagement

Next Meeting Dates

To be determined

August 9, 2016

Report of Activity for United Way of Denton County Community Impact Grant to NAMI Denton County

**Purpose:** This grant was awarded to aid in expanding the availability of NAMI Denton County Connection Recovery Support Group meetings to the southern area of Denton County. At the time of the award, there were only three trained facilitators and they were leading support group meetings once a week in Denton. NAMI requires two facilitators for each support group meeting.

**Step 1:** Training to prepare new facilitators for the new support group meetings was arranged. The initial training scheduled in January 2016 was delayed until February due to the serious illness of the trainer's father. Three Denton County peer candidates completed the training held February 27-28 at the offices of United Way of Denton County. We are preparing for a second training course in fall 2016 for additional facilitators.

**Step 2:** Searching for meeting locations began in January 2016 and continues. Currently, we are holding support groups on the first and third Saturday afternoons each month in a meeting room courtesy of Cheryl Rayl at Grace Counseling in Lewisville. We decided to focus on these new Lewisville meetings for the summer.

We held two support group meetings at the Little Elm Public Library (one each in April and May) and one support group meeting at the North Central Texas College Campus in Flower Mound in May. (Please see Note 1.)

**Step 3:** Promoting awareness of the new NAMI Connection Recovery Support Group meetings has included:

- notices on our NAMIDenton.org website, the national NAMI.org website; MeetUp, Twitter and Facebook;
- weekly emailed announcements to our email list and to other organizations for their email list distributions (e.g., via a contact at Denton County MHMR);
- flyers emailed to Lacrica Olson at United Way of Denton County, and to others at UBH, Mayhill, and Carrollton Springs hospitals, and to the Agency Roundtable of Lewisville and Flower Mound;
- flyers and brochures distributed in area libraries and at various health fairs and meetings;

- press releases sent to area media.

### Review of Attendance at Meetings

We have asked meeting participants to voluntarily provide their zip codes, and most have. Three people chose not to provide their zip codes. These numbers do not include the facilitators' zip codes.

Zip codes have included:	Number of Attendees:
• 75007 (Carrollton)	3
• 75022 (Flower Mound)	1
• 75035 (Frisco)	1
• 75067 (Lewisville)	5
• 75068 (Lewisville)	1
• 75070 (McKinney)	1
• 76209 (Denton)	1
• 76210 (Denton)	3
• 76227 (Cross Roads)	1

Meeting Dates and Locations:	Attendees in addition to 2 Facilitators:
• 4/9/16 (Little Elm)	5
• 5/7/16 (Little Elm)	0
• 5/14/16 (Flower Mound)	0
• 6/4/16 (Lewisville)	3
• 6/18/16 (Lewisville)	3
• 7/2/16 (no meeting-holiday weekend)	
• 7/16/16 (Lewisville)	9

Expense Report:

Training (Total = \$615.28):

- Trainer's Fee: \$250
- Food for two breakfasts and two lunches during two days' training: \$234.83
- Manuals for new Connection facilitators: \$47.52
- Required meeting materials:
  - Four laminated NAMI Support Group charts: \$69.49
  - Sand timers: \$10.50
  - Facilitator Guides: \$2.94

NAMI Connection Recovery Support Group brochures (ordered from NAMI): \$31.00

Shipping for orders of brochures and meeting materials from national NAMI store:  
\$17.42

Total Expenses = \$663.70 (\$1,336.30 remaining)

Note:

1. We tried to find a meeting space that would be on the bus or train routes in Lewisville. The Lewisville Public Library bars recurring room reservations. We explored paying for a meeting room at the Medical Center of Lewisville Grand Theater or the Community Room at the Lewisville Municipal Annex, but the City of Lewisville also bars recurring reservations in its facilities. We contacted the Chamber of Commerce of Lewisville about its meeting room but decided the rental fee for non-members and the membership fee to join would be cost-prohibitive.
  - We contacted libraries in The Colony and Carrollton and were informed of their policies barring recurring meetings. We were allowed to schedule two meetings at the Little Elm Public Library and were then informed that they also had a policy barring recurring meetings. (Apparently, there was a miscommunication among the library staff when we reserved the meeting room.) Our request to meet at the Little Elm Recreation Center was denied.
  - NCTC's Flower Mound campus closed for the months of June – August, but we may be able to have meetings there again.
  - We may return to The Colony's Recreation Center to further discuss meeting arrangements there in the future. Recently, a pastor of a church in Aubrey offered to discuss holding a meeting there.