



Denton County Behavioral Health Leadership Team

July 18, 2019

8:00 a.m. – 9:30 a.m.

United Way of Denton County (1314 Teasley Ln, Denton, TX 76201)

Agenda

- | | | | |
|-------|--|---------------------|---------|
| I. | Welcome | T. Widmer | 5 min. |
| II. | Consideration of Minutes from
May meeting. Minutes attached for review. | T. Widmer | 2 min. |
| III. | Vote to Approve New Appointees
New appointees attached for review. | L. Elliot | 2 min. |
| IV. | Presentation : VA Annex / Dr. Jennifer Adams | | 30 min. |
| V. | Strategic Planning Discussion
Convene Strategic Planning Committee
Strategic Planning Committee Recommendations attached for review. | L. Elliot/T. Widmer | 10 min. |
| VI. | Homelessness Leadership Team Update | C. Cross | 15 min. |
| VII. | Workgroup Updates
<i>See workgroup meeting minutes</i> | | 15 min. |
| | a. Veterans-Chris Martin | | |
| | b. Jail Diversion/MH Treatment Court-Captain Doug Lee/Tami Russell | | |
| | c. Child and Family Systems-Dr. Lisa Elliott and Laura Prillwitz | | |
| VIII. | Backbone Support Updates | | 10 min. |
| | a. New Hire – Hope Rodgers | | |
| | b. HB-13 Update | | |
| | c. New Appointee Orientation | | |
| IX. | New Business | | |
| X. | Public Comment | | |
| XI. | Adjourn | T. Widmer | |

Next Meeting: September 19, 2019 at 8:00 a.m.

United Way of Denton County



Denton County Behavioral Health Leadership Team

May 16, 2019

8:00 a.m. – 9:30 a.m.

United Way of Denton County (1314 Teasley Ln, Denton, TX 76201)

Minutes

- I. **Welcome. T. Widmer**
 - II. **Consideration of Minutes from. T. Widmer**
March meeting. Minutes attached for review.
Lisa Elliot moved to approve minutes. Second from Craig Daughtery, minutes approved.
 - III. **Nominating Committee Recommendations & Vote**
Nomination for Chair Terry Widmer. Co-Chair Dr. Lisa Elliot. Secretary Captain Douglas Lee
Bobbie Mitchell moved to approve the nominations. Second from TJ Gilmore. Abstain Captain Douglas Lee and Lisa Elliot. Nominations approved.
 - IV. **KERA Listening Session – Discussion**
Next steps/ KERA Stories & Features. M. Crow.
 - Sending KERA information of people willing to share stories and experiences.
 - Children’s Artwork winner possibly being placed on their website.
 - Possibility of KERA website listing different groups that meet in their communities and surrounding areas.
 - Highlight stories at the grand opening of the new VA building in the fall.
 - V. **Presentation : Sandy Hook Promise Program/ Dr. Marci Malcolm**
Lake Dallas ISD
 - Started with the Sandy Hook Promise : Gun violence warning signs video
 - Purpose of this program is knowing the signs of gun violence and mental health and ways to prevent them before anything happens.
 - Free for school districts. They provide the tools to train the administrators, parent’s staff, and students. Training takes 45 minutes.
 - Cohesive plan in place at 5 campuses throughout the district.
- 3 programs and implementation
- First program is the say something anonymously reporting system. Allows adults and children to report anonymously to the system.
 - System will send tips back to the school district. If there are life safety tips, they will also include Denton dispatch as well as the school district. Administrators receive tips 24/7.



- The second program is the signs of suicide. The program has two components. The first is teaching the students how to identify the signs of suicide with AST. AST is acknowledging the persons feelings, show that you care, and tell an adult.
- Other component is the depression screener that is seven questions long.
- The third program is start with hello. This program is including an inclusive culture within the school district.

VI. Homelessness Leadership Team Update. C. Cross

Data Driven Impact

- Focus on prioritizing the homeless in the county based off of their level of needs.
- The homeless most vulnerable of dying on the street are prioritize first.
- Considers their mental health, physical health, and how long they have been homeless, different level of service needs, and household composition.
- Data report will be showcase May 29 at UNT on the square.
- Data report is going to tell the story of homelessness in Denton County using multiple data source.
- Frames that just one data source can tell the full story.
- Literal homelessness is a living in an emergency shelter, a car, and tent. Living somewhere that is not meant for human habitation.
- At risk homelessness is when you are at risk of losing your current or nighttime residence.
- Short term intervention is rapid rehousing. Permanent support housing is the long-term intervention serves chronically homeless population.
- Majority of the homeless population qualifies for the rapid rehousing and place them back on the road to stability.
- Working with data collaborative Built for zero based out of New York is used to get all data as accurate as possible. Primarily with the veteran data.
- Implemented consistently tracking in-flows and out-flows.
- Also leads to how you talk about homelessness to help provider prioritize the households and making sure that we are being efficient as possible in the system.
- The system allows us to know if a person inflows or outflows.
- Point time count happens once a year and is a snapshot of people experiencing homelessness within the county on any given day. Dependent on external factors.
- Age 25 and older is the main age brackets for homelessness.
- Lack of support system is a common factor in homelessness.
- Top 5 reasons for homelessness are unemployment, unable to pay rent, family/ personal illness, physical internal disabilities
- Veteran homeless population went from 21 to 7.
- Mental health and criminal justice higher contributing factors then previous data.
- Asking participants what they were exposed to as a child were abuse, neglect, domestic violence, substance use, mental health condition, household member in jail, and gang violence.



This is important data because these are questions and topics not asked previously and can help with prevention.

- Barriers of housing are lack of funds, lack of assistance, no ID, transportation, unsure how to access resources.
- Data shows number of people experiencing homelessness is decreasing.
- First time since 2016 that homeless youth have out number the number of homeless veterans.
- Cannot add the total number of students experiencing homelessness collected from the data due to the under reported data of homelessness of the youth.
- Data is used to inform the program that are implemented and resources that are mobilized.
- Have implemented goal to end veteran homelessness in Denton County by 2020.
- Partnering with the veteran's coalition in January 2020 for 100-day challenge.
- Inform the solutions of the programs implemented are through the barrier funds. Barrier fund is intended to help with additional supportive needs.
- Housing navigator approach is to centralize the housing location process.
- Denton county housing navigator successfully recruited 10 landlords to accept tenant's homeless household being assisted in local agency program since January 2019.
- On going goal is to continue data management and data improvement.
- Adding system to dashboard to accurately analyze and improve the data system as a whole.

VII. **Workgroup Updates**

See workgroup meeting minutes

a. Veterans-Chris Martin

- New refurbished building at 406 S. Carrol Blvd with 2 psychologists and 3 psychiatrists.
- Support given to veterans with mental health within the community
- VA building going to be open and available sometime around June.
- Veteran's homeless standout going to be on the third Thursday in October.
- The homeless stand out is when Denton VA collaborates with Dallas VA and invite homeless veterans to come and see them for support giving them meals, sleeping bags, coats in the winter months to help deal with the elements.
- Number of homeless veterans are declining

b. Jail Diversion/MH Treatment Court-Captain Doug Lee/Tami Russell

- Continuing to work on pre-trial and pre-arrest diversion.
- Crisis stabilization center discussion expanding their capacity
- Mayhill requesting 9 million dollars from health and human services center this grant will allow a 30-bed expansion that will allow law enforcement to identify people believed to have mental health issue to be taken to this facility.
- Mental health court continuing to have success and graduations.
- Planning and zoning bill passed the night of May 15, 2019.

c. Child and Family Systems-Dr. Lisa Elliott and Laura Prillwitz

- Biggest event is national mental health month.



- Saturday May 18, 2019 is my feelings are a work of art contest.
- 3 high end impact activities deadline to turn in artwork is extended until 1:00 P.M
- Yearly round of proclamations getting started.
- Participated in Lewisville resource pop up on May 11, 2019, which is a good way to get information out to the residents of Lewisville.
- Discussed ways to participate in human trafficking awareness and prevention programs.

VIII. **Backbone Support Updates**

a. **Open Position**

Gary proposed between now and Fall giving Courtney Cross the responsibility for both Behavior Health Leadership Team and the Homeless Leadership Team.

TJ Gilmore moved to approve notion for Courtney Cross to be head chair. Second from Bobbie Mitchel. Notion approved.

b. **Mental Health Awareness Month Proclamations**

- Lewisville proclamation May 20, 2019
- Justin proclamation May 20, 2019
- Corinth proclamations May 23, 2019
- Highland Village proclamations May 28, 2019

At least one individual committed to be at each proclamation.

c. **HB-13 Update**

- State grant original submission a year ago
- Looking to request adjustments to grant with the state in June. Going to be requesting an extension
- Comprehensive update at the July meeting

IX. **New Business**

X. **Public Comment**

Thank you for the partnership between MHMR and the leadership team and the proclamation reviews
Next meeting wanting to see the winning artwork

XI. **Adjourn. T. Widmer**

Meeting adjourned at 9:30 A.M

**Next Meeting: July 18th at 8:00 a.m.
United Way of Denton County**



Denton County Behavioral Health Leadership Team

July 18, 2019

New Appointees

Appointee Nominations for Two-Year Term, 2019-2021

Chief Jerry Garner: Chief of Police, City of Corinth

Appointee Nominations for Three-Year Term, 2019-2022

Scott Dominique: Chief Nursing Officer, Texas Health Behavioral Health



Denton County Behavioral Health Leadership Team

July 18, 2019

Strategic Planning Committee Recommendations

Monya Crow

Pam Gutierrez

Dr. Matt Richardson

Chris Martin

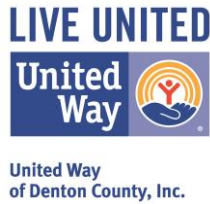
Captain Douglas Lee

Tami Russell

Laura Prillwitz

Dr. Lisa Elliot

Terry Widmer



DCBHLT Workgroup Reports

July 2019

WORKGROUP NAME: VETERANS WORKGROUP

CHAIR NAME: CHRIS MARTIN

CHAIR CONTACT INFORMATION (EMAIL AND PHONE): C2W2MARTIN@AOL.COM

Meeting Summary (provide meeting date and items discussed during meeting)

The group met on June 11th and July 11th. Workgroup members: Chris Martin, Liz Emerson, Nikki Perez, Melanie Torres, Terri Donsbach, Michael Hunn, Richard Godoy, Jessica Caskey, Mira Brown, Roy Davenport, Louise Ferrill, Raymond Holder, David Garcia, Airaj Wheed, Paul Jurek, John Czapko

Short Term Action Items

- At the June meeting, the Workgroup began to identify unmet Veteran needs in Denton County for the purpose of establishing new strategic goals. Unmet Veteran needs include: resources for Veterans who are aging, in need of memory care, isolated, or lonely, and caregiver support; Veteran-specific Domestic Violence resources; adequate in and outpatient substance abuse treatment; money management; adaptive physical training; and medical benefits training for both Veterans and local hospitals.
- Representatives from Cedar Crest Behavioral Healthcare System presented information on NAMI Homefront, a free 6-week military cultural competency training for family, friends, and significant others of Military Service Members and Veterans, as well as information on Veteran Spouse Resiliency Groups. The Workgroup will explore establishing a Veteran Spouse Resiliency Group in Denton by first identifying potential trainers.
- The Workgroup will continue developing and updating a new strategic plan.

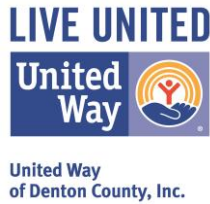
Accomplishments

- The Workgroup has achieved many of the goals identified in its current Strategic Plan and is ready to pursue new strategic goals alongside the DCBHLT, including the new VA Annex which opened on July 8th.

Concerns

Next Meeting Dates

August 13, 2019 (Denton County Veterans Center)



DCBHLT Workgroup Reports

July 2019

WORKGROUP NAME: JAIL DIVERSION/MENTAL HEALTH COURT WORKGROUP

CHAIR NAME: CAPTAIN DOUGLAS LEE AND TAMI RUSSELL

CHAIR CONTACT INFORMATION (EMAIL AND PHONE): DOUGLAS.LEE@DENTONCOUNTY.COM AND TAMI.RUSSELL@DENTONCOUNTY.COM

Meeting Summary (provide meeting date and items discussed during meeting)

The Workgroup met on May 21st, June 18th and July 16th 2019. Workgroup members: Captain Douglas Lee, Tami Russell, Judge Robin Ramsay, Yvette Crain, Troy Manning, Judge Dave Jahn, Brittney Nolan, Pam Gutierrez, Barry Caver, Chief Daniel Carolla, April McDonough, Cheryl Rayl, Richard Godoy, Dr. Roxanne Del Rio, Daniel Folmer, Armand Hill, Tammy Terrell, Mira Brown, Airaj Waheed, Judge Coby Waddill, Paige Smith, Lieutenant Chris Summitt, Loren Fouch

Short Term Action Items

- Exploring how to bridge the gap between QMHPs, jail, and receiving mental health service agency. Meeting with a QMHP could be incorporated into mandatory orders upon release from jail.
- Workgroup has begun identifying how new legislature surrounding mental health will affect Denton County services and processes.
- Workgroup will begin developing and updating a new strategic plan in August.

Accomplishments

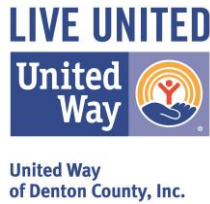
- Jail Administration is quickly moving individuals experiencing a mental health crisis to psychiatric treatment
- Barriers to receiving medication for individuals who are being sanctioned for a short period of time have been resolved.
- City Council approved Solutions of North Texas to expand their facility to an additional 100 beds as well as a detox unit, though additional funding is needed.

Concerns

- 1) QMHPs and Case Managers connecting with individuals upon release from jail is a barrier. Additional training is needed on follow-up care.
- 2) Lack of substance misuse rehabilitation and treatment options for unfunded patients in Denton County.
- 3) Lack of medical stabilization at Mayhill's Crisis Stabilization Unit (CSU) is a barrier to officer's transporting individuals directly to CSU.

Next Meeting Dates

September 17, 2019



DCBHLT Workgroup Reports

June 2019

WORKGROUP NAME: CHILD AND FAMILY SYSTEMS WORKGROUP

CHAIR NAME: LISA ELLIOTT AND LAURA PRILLWITZ

CHAIR CONTACT INFORMATION (EMAIL AND PHONE): LISA.ELLIOTT@COOKCHILDRENS.ORG (940) 484-4311 AND LAURA.PRILLWITZ@DENTONCOUNTY.COM (940) 349-2455

Meeting Summary (provide meeting date and items discussed during meeting)

The group last met on June 28, 2019. Workgroup members: Lisa Elliott, Laura Prillwitz, Kimberly McCary, Amy Lawrence, Monya Crow, Lisa Pierce, Sadaf Meckfessel, Trish Robinson, Lishawa Jackson, Craig Daugherty, Suzy Gange, Suzann Woodward, Terri Donsbach, Ocean Anombem, Alisa Quimby, Ann Pape, Tasha Moore, Marquis Nuby, Pallavi Baisyat, Dameyon Landrum

Attending: Laura Prillwitz, Alisa Quimby, Scott Dominigue, Kimberly McCary, Courtney Cross, Kamilah Hasan, Tina Harris, Emily Sibley, Hope Rodgers, Leah Jordan, Suzy Gange, Terri Donsbach

Short Term Action Items

- Okay To Say (O2S) is re-establishing momentum. O2S is now targeting person's 35 years old and younger, specifically focusing on their inner circle (i.e. family, friends, social supports) with the goal of providing individuals with necessary tools needed to recognize when someone is struggling and how to approach them. Meadows Mental Health Institute will send out quarterly O2S newsletters to participating agencies, is updating their website, and will be starting a focus group in the Fall. UWDC recently entered into a shared partnership agreement with O2S, UWDC, and the DCBHLT. This Workgroup could be added to the existing agreement.
- Discussed human trafficking in Denton County. Laura shared that the Governor's office is offering additional screening trainings and is targeting specific health professionals to screen at schools and other community entities. The Workgroup's role in human trafficking is prevention, resiliency, identifying red flags and making appropriate referrals.
- Workgroup will begin developing and updating a new strategic plan in August.

Accomplishments

Concerns

- 1) Mental Health Navigator is temporarily on hold.

Next Meeting Dates

July Meeting Canceled

August 23, 2019 (United Way of Denton County)